

# **FAQ's Infofit's Personal Training Full Time Diploma Program**

## **How long will it take to complete the course?**

The course will run for 12 weeks, Monday to Friday from 10.30am-3.30pm

## **What is included in the course?**

3 Course workbooks, ACE Textbook and Study Companion, Colouring Book, Strength training anatomy book, CPR/AED , ACE Exam or BCRPA exams.

## **What certification can I get by taking the course?**

We give students the option of either obtaining their ACE CPT certification or BCRPA Personal Trainer registration. If you are unsure which one you would like we can help guide you.

## **What other expenses can I expect other than the course cost?**

There are no other costs, unless you decide to pursue both ACE and BCRPA, in this case Infofit would cover one certification exam and you would pay additionally for the other.

## **Is the course approved for a loan through Student aid BC?**

Yes, it is. You can apply directly on the Student Aid BC website.

## **Do you have any payment plan options?**

Yes, we have one, students pay \$2,500 upon registering, then the student will make 5 monthly payments of \$800.

## **Will there be practical work during the course?**

Yes, we will be in the gym almost every day working on practical aspects of the course. Approximately 130 hours of the course are hands on practical.

## **What happens if I miss a class?**

Depending on what you miss you may just need to review the chapters you missed, if you missed something important then you may require some tutoring completed outside of class time and an additional expense.

## **Are there any free parking options?**

There is some free street parking available, but you will need to arrive early to find them, alternatively there are some underground parkades close by where you can pay daily or monthly.

## **Is there a dress code for class?**

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Yes, students are asked to wear all black (shorts, pants, tights, t-shirt or long-sleeved shirt) your sneakers can be any colour. We want you to look and act professional in class.

## **How much homework will there be?**

Approximately 10 hours of homework per week.

## **Is Infit listed an eligible institution for the Canada Training Credit?**

Yes, Infit is an [eligible institution](#) for the Canada Training Credit. You can see more information on the Canada Training Credit [here](#).